



Community Impact Report

We are so grateful for the many ways our volunteers are making a difference in our community!

LIVING SALADS



480 Living Salads planted and distributed to our clients and other partner agencies

The Living salad provides fresh produce to individuals and families in our community living with food security challenges. The Living Salads project strives to encourage independent food sustainability, as well as provide an educational component to empower the next generation. The planter includes a lettuce, tomato, swiss chard, parsley, kale, chives and a marigold plant.

Thank you to our suppliers and partners:

- ♥ Paynter’s Fruit Market
- ♥ Art Knapp
- ♥ RONA
- ♥ Blue Skies Orchard
- ♥ The Greenery Garden Centre
- ♥ Rotary Club of Kelowna
- ♥ TELUS Friendly Foundation
- ♥ Helen’s Acres Community Farm
- ♥ Central Okanagan Food for Thought



LIVING SALADS WERE RECEIVED BY:

- 120**
HANDS IN SERVICE CLIENTS
- 253**
SD 23 FOOD FOR THOUGHT FAMILIES
- 45**
KELOWNA COMMUNITY RESOURCE CLIENTS
- 11**
OKANAGAN VALLEY PREGNANCY CARE CENTRE MOMS
- 15**
KARIS SUPPORT SOCIETY WOMEN
- 35**
SENIORS OUTREACH CLIENTS
- THANK YOU TO ALL WHO PREPARED, PLANTED AND HELPED DISTRIBUTE!**

ENERGETIC HANDS PROGRAM

OUR MISSION:

To provide free, compassionate in-home assistance, referral services and access to food security for individuals with socio-economic, mobility, and health challenges.

OUR VISION:

TO

- ♥ Meet needs
- ♥ Value people
- ♥ Build relationships

“Every individual deserves to be treated with dignity and respect. Every person has needs that require assistance. Everyone wants to have connection with someone who cares.”

Within the scope of our mandate, we will passionately pursue this goal.

Each week volunteers are in the homes of clients providing both practical and relational care. Helping the mobility- and health-challenged people in our community stay independent and cared for is such a gift to our deserving clients.



SHOUT OUTS

- ♥ Thank you to MCC Thrift store. Through their generosity we partnered to provide a couch and a mattress to two individuals.
- ♥ We are grateful to the grade 12 students at Kelowna Christian School who have served our clients this past year, cleaning their homes, providing practical and relational support. Congratulations on your recent graduation and praying God's best for your futures!

Thank you to our volunteer drivers that get the task done! Every week 20 Central Okanagan Food Bank hampers are delivered to those who are unable to get to the food bank on their own due to mobility and health challenges.



"I am so grateful to you folks for getting my food to me. I would be lost without you".



WHAT'S COMING UP...

- ♥ **PRODUCE DELIVERY:** Starting June 15, 40 clients will receive fresh produce each week, delivered on Wednesday. Thank you to our growing partners: Helens acres and Okanagan Fruit Tree project. If you would like to help with delivery please call our office at 250 861 5465.
- ♥ **GOLF TOURNAMENT:** Join us at Sunset Ranch June 24. Register now on our website www.handsinservice.ca. Includes 9 holes with power cart and buffet dinner. Silent auction starts June 11, at 32auctions.com/lovegivesback2022.
- ♥ **TOUCH OF CHRISTMAS CRAFT FAIR:** November 26, 2022 at New Life Centre

A note from Geoff Neufeld—Executive Director

As things settle back into a more “normal” routine, Hands in Service continues to see a dramatic increase in the needs of our community. Every day we find ourselves talking to people desperate for food security, in-home support, and basic help with the challenges of life. Sadly, more often than not, we have had to tell these people calling us, that all we can do right now is put them on a waiting list until more volunteers meet these needs. Our biggest challenge right now is finding those people who can give a few hours of their time to help people who desperately need their assistance.



If you are in a position where you can donate an hour or two every month, or if you are part of a group or club that would love to serve together, we can match you up with someone in your area who will be exceptionally grateful for your service. And for all of you out there who continue to serve through cleaning, doing laundry, delivering food hampers or fresh produce.... we can never say it enough ... THANK YOU! Your gift of time and care is making a huge difference in the lives of those you help. Without our volunteers we can do very little, but with your help we can change the world around us, one life at a time.